

Clinical Information & Instructions for the Passy Muir® Valve

How does the Passy Muir® Valve work?

The Passy Muir Valve is a closed position one-way Valve. It opens when you breathe in through the tracheostomy tube. When you are finished breathing in, the Valve closes, and all of the air is breathed out through your vocal cords, mouth, and nose.

How do I put the Passy Muir® Valve on?

- If your tracheostomy tube has a cuff, make sure that the cuff is <u>completely deflated</u>.
- While you are holding the neck-plate of your tracheostomy tube with one hand, place the Passy Muir Valve on the tracheostomy tube with a gentle twist in a clockwise direction.
- Use the same motion to remove the Valve.
- If you are using a ventilator, your therapist will instruct you on the proper placement of the Valve in the ventilator circuit.



What are the benefits of using the Passy Muir® Valve?

- Improved voice and ability to communicate
- Improved swallow
- Improved sense of smell and taste
- Increased cough strength to clear mucous
- Helps to keep lungs inflated
- Helps to wean from ventilator and/or tracheostomy tube



Visit **www.passymuir.com** for more information If questions, call **800-634-5397**

To order more patient instruction sheets visit: **store.passymuir.com** or call **800-634-5397**

What if I am having trouble breathing when using the Passy Muir® Valve?

Remove the Valve immediately and try the following:

- Check that the cuff is completely deflated
- Make sure you are in a comfortable upright position
- Check the position of the tracheostomy tube
- Suction your airway and mouth so that they are clear of secretions
- Try to relax if you are feeling anxious

If you have tried these suggestions and still have difficulty, contact your physician or therapist so that they can help you.

How do I clean the Passy Muir® Valve?

Clean the Passy Muir® Valve daily.

- **1.** Swish the Passy Muir Valve and accessories in pure fragrance-free soap and warm water.
- 2. Rinse thoroughly in warm water.
- Allow Valve to air dry thoroughly before storing in closed container.

DO NOT use hot water, peroxide, bleach, vinegar, alcohol, brushes, or cotton swabs. Do not autoclave or apply heat to the Valve.



Special Instructions:





Doctor/Therapist Contact Information:

© Passy-Muir, Inc. All rights reserved PRO.057.3